

## B.A. IN FAMILY & CONSUMER SCIENCES

(45 units)

### FAMILY INTERIORS NUTRITION & APPAREL DEPT

San Francisco State University  
329 Burk Hall, 1600 Holloway Ave.  
San Francisco, CA 94132-4161  
415.338.1219 <http://fina.sfsu.edu>

**Please Meet with a Faculty Advisor Each Semester to:**

- 1. Develop an Advising Plan**
- 2. Review your Progress in Courses**
- 3. Review a Graduation Plan**

All of the following major classes (Core, Emphases, Electives) must be passed with a letter grade of C- or better (CR/NC grading option is not allowed). The GVAR class must be passed with minimum C grade. SF State requires 12 units of Complementary Studies for BA degrees. It can be a minor or 12 units of related coursework with a prefix other than CFS.

#### Semester Units

12      **A**

#### CORE

CFS 312GW	Families, Individuals, and Environments (3) (prereq: ENG 214)
CFS 325	Transitions in the Family Life Cycle (3)
CFS 430	Management Dynamics: Life Goals & Decisions (3)
CFS 600	Professional Development (3) (prereq: graduating senior, CFS 312GW)

33  
45

**Select ONE of the B sections below according to choice of Subject Matter Emphasis**

#### **B**      CHILD AND FAMILY SCIENCES EMPHASIS (CFS) (33)

*Courses needed for the California Child Development Master Teacher & Site Supervisor Permits are marked with a "p"*

GE: UD-D	CFS 320	Children and Families (3) <i>p</i>
	CFS 321	Adolescence and Families (3)
	CFS 322	ECE Curriculum (Birth to Five) (3) (prereq: CFS 320) <i>p</i>
	CFS 323	Infants/Toddlers and Families (3) <i>p</i>
	CFS 420	Assessment & Observation with Children (3) (prereq: CFS 320) <i>p</i>
	CFS 423	Administration of Programs for Young Children (3) (prereq: CFS 320, CFS 323) <i>p</i>
	CFS 424	Supervised Exp w/Young Children (3) (reservation req; prereq: CFS 320, 322, 323) <i>p</i>
	CFS 426	Family Crisis, Drugs & Eating Disorders (3)
	CFS 428	Children & Families with Violence, Abuse & Neglect (3)

**Electives (6): Any CFS/D Department course or other course upon approval of advisor**

#### **B**      NUTRITION/FOODSERVICE SYSTEMS MANAGEMENT EMPHASIS (NFSM) (33)

GE: LD-B1/B3	CHEM 101/102	Survey of Chemistry/Laboratory (4)
GE: UD-B	CFS 352	Principles of Food Preparation (3) (prereq: Eng 214)
GE: UD-B	CFS 355	Nutrition for Wellness (3) OR
	DFM 253	Nutrition in Health and Disease (3) (prereq: one semester of chemistry or physiology)
	CFS 453	Nutrition in the Life Cycle (3) (prereq: C or better in DFM 253 or CFS 355)
	DFM 353GW	Foodservice Systems Management (3) (prereq: ENG 214; DFM 253 or CFS 355)
	DFM 458	Management of Quantity Food Purchasing and Production (3) (prereq: C or better in CFS 352)
	MGMT 405	Introduction to Management & Organizational Behavior (3)
	MGMT 610	Human Resource Management (3) (prereq: C- or better in MGMT 405) OR
	HTM 560	Hospitality Human Resource Management

**Electives (8): Any CFS/D Department courses or other courses upon approval of advisor**

## Recommended Sequence of Courses for Four-Semester Program

(Nine units of GE upper division must be incorporated in the junior and senior years in addition to the required courses below.)

### Family & Consumer Sciences Major: Child and Family Sciences Recommended Sequence (Required courses and chosen courses should total 45 units only)

<u>First Semester</u>	Unit	Offer	<u>Second Semester</u>	Unit	Offer	<u>Third Semester</u>	Unit	Offer	<u>Fourth Semester</u>	Unit	Offer
<u>Fall</u>			<u>Spring</u>			<u>Fall</u>			<u>Spring</u>		
CFS 312	3	F,S	CFS 323 <i>p</i>	3	S	CFS 322 <i>p</i>	3	F	CFS 424 <i>p</i>	3	S
CFS 320 <i>p</i>	3	F	CFS 426	3	S	CFS 420	3	F	CFS 600	3	S
CFS 321	3	F	CFS 428	3	S	CFS 423 <i>p</i>	3	F	CFS Elective	3	S
CFS 325	3	F	CFS 430	3	S	CFS Elective	3	F			

("P") The Child and Family Sciences Emphasis is designed to meet the academic requirements for:

- 1) California Child Development Master Teacher Permit, and 2) California Child Development Site Supervisor Permit

### Family & Consumer Sciences Major: Nutrition/Foodservice Management Recommended Sequence

<u>First Semester</u>	Unit	Offer	<u>Second Semester</u>	Unit	Offer	<u>Third Semester</u>	Unit	Offer	<u>Fourth Semester</u>	Unit	Offer
<u>Fall</u>			<u>Spring</u>			<u>Fall</u>			<u>Spring</u>		
CFS 312	3	F,S	CFS 430	3	S	CFS 355	3	F	CFS 600	3	S
CFS 352	3	F,S	CFS Elective	3	S	DFM 353	3	F,S	CFS 453	3	S
Chem 101/102 or	4	F,S	MGMT 405	3	S	DFM 458	3	F,S	MGMT 610 or	3	S
CFS 325	3	F				CFS Elective	3	F	HTM 560		
									CFS Elective	3	S

## **POSSIBLE EMPLOYMENT OPPORTUNITIES**

### **A. Human Service Agencies**

1. City, county & state resource & referral agencies
2. Legislative & advocate organizations
3. Administrative & leadership positions in organizations serving youth
4. Family & social service agencies serving children, youth & families
5. Provides academic background for graduate professional training for marriage & family counseling & social work.
6. Nonprofit & government agencies

### **B. Education**

1. Teaching, administrative & supervisory positions in programs for infants & children
2. Provides academic background for Jr. & Sr. High School Credentials, & graduate study leading to college & university teaching
3. Food & nutrition education in schools, food assistant programs & correctional facilities
4. School & university foodservice

### **C. Health and Hospitality**

1. Hospital, nursing home & assisted living dietary & foodservice
2. Hotels
3. Restaurants, cafeterias
4. Community Organizations
5. Diet clerk
6. Certified Dietary Manager
7. Health clubs

### **D. Business**

1. Advertising, public relations, manufacturing, wholesaling & retailing outlets for infants, children, youth & food products
2. Publishing houses specializing in literature educational materials for children, youth, & families
3. Food industry and food processing companies
4. Newspapers, magazines, radio & television
5. Food and restaurant equipment Agencies
6. Athletic training