

## B.S. IN DIETETICS

(71 units)

**Please Meet with a Faculty Advisor  
Each Semester to:**

- 1. Develop an Advising Plan**
- 2. Review your Progress in Courses**
- 3. Review a Graduation Plan**

### **FAMILY INTERIORS NUTRITION & APPAREL DEPT**

San Francisco State University  
329 Burk Hall, 1600 Holloway Ave.  
San Francisco, CA 94132-4161  
415.338.1219 <http://fina.sfsu.edu>

The B.S. in Dietetics is an accredited Didactic Program in Dietetics (DPD) in accordance with Accreditation Council for Education in Nutrition and Dietetics (ACEND) standards. The SFSU DPD is currently granted continuing accreditation by ACEND. The program prepares students for careers in clinical dietetics, foodservice systems management, and nutrition education positions in hospitals, industry, or government agencies. Most positions require Registered Dietitian (R.D.) credential.

All Prerequisites must be completed with at least a C- unless otherwise noted. Professional Requirements and the Elective must be completed with a letter grade (CR/NC is not acceptable) with no grade below a C- unless otherwise noted. The GVAR class (DFM 353) must be passed with minimum C grade. Students will receive a Verification Statement, signed by the DPD Director, on completion of the degree and submission of an official transcript indicating that the degree has been awarded. The Verification Statement is then submitted as a part of the dietetic internship application process or to qualify to sit for the Dietetic Technician, Registered (D.T.R.) examination.

\*Note: To become a Registered Dietitian (R.D.) one must: 1) complete the B.S. in Dietetics, 2) complete a Dietetic Internship, 3) pass the R.D. exam. To become a Dietetic Technician, Registered (D.T.R.) one must: 1) complete the B.S. in Dietetics, 2) complete the D.T.R. eligibility application, 3) pass the D.T.R exam.

### Semester

#### Units

#### 18 A. PREREQUISITES

	BIOL 210/211	General Microbiology and Public Health and Laboratory (4)
	CHEM 115	General Chemistry I (5) F, S (prereq: 550+on ELM test or C in MATH 70; and CHEM placement exam)
	DFM 253	Nutrition in Health and Disease (at least a B- required) (3) F (prereq: 1 semester chemistry or physiology)
GE: LD-B4	MATH 124	Elementary Statistics (3) (prereq: satisfactory completion of ELM requirement)
GE: LD-D1/E	PSY 200	General Psychology (3)

#### 50 B. PROFESSIONAL REQUIREMENTS

	BIOL 212/213	Principles of Human Physiology with Laboratory (4) F, S (prereq: C- or better in CHEM 115)
	BIOL 220	Principles of Human Anatomy (4) F, S (prereq: BIOL 210/211)
GE: UD-B	CFS 352	Principles of Food Preparation (3) F, S (prereq: ENG 214 or equivalent, C or better)
	CFS 453	Nutrition in the Life Cycle (3) S (prereq: DFM 253)
	CHEM 130	General Organic Chemistry (3) F, S (prereq: C or better in CHEM 115)
	CHEM 349	General Biochemistry (3) F, S (prereq: C or better in CHEM 115 and CHEM 130)
	DFM 350	Advanced Nutrition I (3) F (prereq: C or better in BIOL 212/213, CHEM 349, MATH 124)
	DFM 353GWAR	Foodservice Systems Mgmt (3) F, S (GVAR) (prereq: C or better in DFM 253, ENG 214)
	DFM 357	Experimental Food Study (3) F (prereq: C or better in MATH 124, CHEM 130, CFS 352)
	DFM 450	Advanced Nutrition II (3) S (prereq: C or better in BIOL 212/213, CHEM 349, DFM 350, MATH 124)
	DFM 451	Nutritional Assessment in the Community (3) S (prereq: DFM 350)
	DFM 458	Management of Quantity Food Purchasing & Production (3) F, S (prereq: C or better in CFS 352)
	DFM 484	Medical Nutrition Therapy I (3) F (prereq: C or better in DFM 253, CHEM 349, BIOL 212/213)
	DFM 485	Medical Nutrition Therapy II (3) S (prereq: DFM 350, DFM 484)
	DFM 655	Nutrition Education and Communication (3) F (prereq: DFM 353GWAR)
	HTM 560	Hospitality Human Resource Management (3) F, S (prereq: upper division standing)

#### 3 D. ELECTIVE

One course to be chosen from the following list on page 2.

71 Total

F=Fall, S=Spring

## **RECOMMENDED ELECTIVES (3)**

	ACCT 100	Principles of Financial Accounting (3) (prereq: passing ELM test)
	BIOL 326	Disease! (3) (prereq: BIOL 100 or equivalent or consent of instructor)
	CFS 356	Foods and World Culture (3) (prereq: upper division standing)
	CFS 426	Family Crises: Drug Dependency and Eating Disorders (3) (prereq: upper division standing)
GE: UD-D/ES	CFS 543	Sustainability in the Textile, Housing, and Food Industries (3) (prereq: upper division standing)
	GEOG 427	Agriculture and Food Supply (4) (prereq: upper division standing or consent of instructor)
GE: D1 & E1	HED 210	Personal & Social Determinants of Health (3)
	HED 410	Organization & Function of Health Services (3) (prereq: upper division standing or consent of instructor)
	HED 420	Epidemiology (3) (prereq: upper division standing or consent of instructor)
	HTM 557	Restaurant & Catering Management (3) (prereq: DFM 352)
GE: UD-B	KIN 355	Science Sport and Fitness (3) (prereq: ENG 214 and two additional courses of the GE lower division; BIOL 100 or equivalent; upper division standing or consent or instruction)
	NURS 500	Death and Dying in Contemporary Society (3) (prereq: upper division standing or consent of instructor)

## **COURSE SEQUENCE**

### **FIRST YEAR**

### **SECOND YEAR**

<b>Fall</b>	units	<b>Spring</b>	units	<b>Fall</b>	units	<b>Spring</b>	units
MATH 124	3	BIOL 210/211	4	CHEM 115	5	CHEM 130	3
		PSY 200	3	DFM 253	3	Elective	3
Total credits	3		7		8		6

### **THIRD YEAR**

### **FOURTH YEAR**

<b>Fall</b>	units	<b>Spring</b>	units	<b>Fall</b>	units	<b>Spring</b>	units
BIOL 220	3	BIOL 212/213	4	DFM 350	3	DFM 450	3
CFS 352	3	CFS 453	3	DFM 357	3	DFM 451	3
CHEM 349	3	DFM 458	3	DFM 484	3	DFM 485	3
DFM 353	3			DFM 655	3	HTM 560	3
Total credits	12		10		12		12

Some classes are ONLY offered one semester per year and some classes require prerequisites. Please see your advisor every semester to review your graduation plan.

These courses include only Dietetics major requirements. Students are responsible for being aware of all graduation requirements and deadlines; consult the *SFSU Bulletin*.

## **CAREER OPPORTUNITES**

<b>As a Registered Dietitian (R.D.)</b>	<b>With B.S. Degree without R.D.</b>
A. Hospital Dietitian 1. Inpatient/Outpatient Care 2. Management	A. Hospital Work – Dietary 1. Dietetic Technician (DTR), after sitting for exam 2. Foodservice Manager/Certified Dietary Manager
B. Industry – Food Company 1. Research & Development 2. Public Relations & Sales	B. Industry – Food Company 1. Research & Development 2. Public Relations & Sales
C. Foodservice Systems Management 1. Restaurant/Hotel Management 2. Industrial Foodservice & Catering 3. School/Senior Lunch 4. College/University Foodservice & Catering 5. Community Programs	C. Foodservice Systems Management 1. Restaurant/Hotel Management 2. Industrial Feeding & Catering 3. School/Senior Lunch 4. College/University Feeding & Catering 5. Community Programs
D. Public Health/Community 1. Clinics 2. Cooperative Nutrition Education, 4H Programs 3. Food Assistance Programs; WIC, Food Stamps, Food Banks 4. Childcare & Senior Programs	D. Public Health/Community 1. Clinics 2. Cooperative Nutrition Education, 4H Programs 3. Food Assistance Programs; WIC, Food Stamps, Food Banks 4. Childcare & Senior Programs
E. Government 1. Nutrition Education in Schools 2. Military 3. Correctional Facilities	E. Government 1. Nutrition Education in Schools 2. Military 3. Correctional Facilities
F. Publications 1. Public – newspapers & magazines 2. Food Manufacturers, Business & Industry 3. Associations & Societies	F. Publications 4. Public – newspapers & magazines 5. Food Manufacturers, Business & Industry 6. Associations & Societies
G. Private Practice/Consultation 1. Private Practice counseling 2. Skilled nursing, developmental centers, group homes	G. Miscellaneous 1. Health Clubs/athletic training 2. Dietetic Technician, Registered (DTR) – after completion of internship 3. Certified Dietary Manager (CDM) – after passing exam

\*Salary potential and opportunities are greater with the R.D.