**B.S. IN DIETETICS**  
(71 units)

**FAMILY INTERIORS NUTRITION & APPAREL DEPT**  
San Francisco State University  
329 Burk Hall, 1600 Holloway Ave.  
San Francisco, CA 94132–4161  
415.338.1219  http://fina.sfsu.edu

The B.S. in Dietetics is an accredited Didactic Program in Dietetics (DPD) in accordance with Accreditation Council for Education in Nutrition and Dietetics (ACEND) standards. The SFSU DPD is currently granted continuing accreditation by ACEND. The program prepares students for careers in clinical dietetics, foodservice systems management, and nutrition education positions in hospitals, industry, or government agencies. Most positions require Registered Dietitian (R.D.) credential.

All Prerequisites must be completed with at least a C- unless otherwise noted. Professional Requirements and the Elective must be completed with a letter grade (CR/NC is not acceptable) with no grade below a C- unless otherwise noted. The GWAR class (DFM 353) must be passed with minimum C grade. Students will receive a Verification Statement, signed by the DPD Director, on completion of the degree and submission of an official transcript indicating that the degree has been awarded. The Verification Statement is then submitted as a part of the dietetic internship application process or to qualify to sit for the Dietetic Technician, Registered (D.T.R.) examination.

*Note: To become a Registered Dietitian (R.D.) one must: 1) complete the B.S. in Dietetics, 2) complete a Dietetic Internship, 3) pass the R.D. exam. To become a Dietetic Technician, Registered (D.T.R.) one must: 1) complete the B.S. in Dietetics, 2) complete the D.T.R. eligibility application, 3) pass the D.T.R exam.

<table>
<thead>
<tr>
<th>Semester</th>
<th>Units</th>
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<tr>
<td><strong>A. PREREQUISITES</strong></td>
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<tr>
<td>BIOL 210/211</td>
<td>General Microbiology and Public Health and Laboratory (4)</td>
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<tr>
<td>CHEM 115</td>
<td>General Chemistry I (5) F, S (prereq: 550+ on ELM test or C in MATH 70; and CHEM placement exam)</td>
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<tr>
<td>DFM 253</td>
<td>Nutrition in Health and Disease (at least a B- required) (3) F (prereq: 1 semester chemistry or physiology)</td>
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<tr>
<td>GE: LD-B4</td>
<td>MATH 124 Elementary Statistics (3) (prereq: satisfactory completion of ELM requirement)</td>
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<tr>
<td>GE: LD-D/E</td>
<td>PSY 200 General Psychology (3)</td>
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| **B. PROFESSIONAL REQUIREMENTS** | |
| BIOL 212/213 | Principles of Human Physiology with Laboratory (4) F, S (prereq: C- or better in CHEM 115) |
| BIOL 220 | Principles of Human Anatomy (4) F, S (prereq: BIOL 210/211) |
| CFS 352 | Principles of Food Preparation (3) F, S (prereq: ENG 214 or equivalent, C or better) |
| CFS 453 | Nutrition in the Life Cycle (3) S (prereq: DFM 253) |
| CHEM 130 | General Organic Chemistry (3) F, S (prereq: C or better in CHEM 115) |
| CHEM 349 | General Biochemistry (3) F, S (prereq: C or better in CHEM 115 and CHEM 130) |
| DFM 350 | Advanced Nutrition I (3) F (prereq: C or better in BIOL 212/213, CHEM 349, MATH 124) |
| DFM 353GW | Foodservice Systems Mgmt (3) F, S (GWAR) (prereq: C or better in DFM 253, ENG 214) |
| DFM 357 | Experimental Food Study (3) F (prereq: C or better in MATH 124, CHEM 130, CFS 352) |
| DFM 450 | Advanced Nutrition II (3) S (prereq: C or better in BIOL 212/213, CHEM 349, DFM 350, MATH 124) |
| DFM 451 | Nutritional Assessment in the Community (3) S (prereq: DFM 350) |
| DFM 485 | Management of Quantity Food Purchasing & Production (3) F, S (prereq: C or better in CFS 352) |
| DFM 484 | Medical Nutrition Therapy I (3) F (prereq: C or better in DFM 253, CHEM 349, BIOL 212/213) |
| DFM 485 | Medical Nutrition Therapy II (3) S (prereq: DFM 350, DFM 484) |
| HTM 565 | Nutrition Education and Communication (3) F (prereq: DFM 353GWAR) |

| **D. ELECTIVE** | |
| One course to be chosen from the following list on page 2. |

71 Total

F=Fall, S=Spring
RECOMMENDED ELECTIVES (3)
- ACCT 100 Principles of Financial Accounting (3) (prereq: passing ELM test)
- BIOL 326 Disease! (3) (prereq: BIOL 100 or equivalent or consent of instructor)
- CFS 356 Foods and World Culture (3) (prereq: upper division standing)
- CFS 426 Family Crises: Drug Dependency and Eating Disorders (3) (prereq: upper division standing)
- GE: UD-D/ES CFS 543 Sustainability in the Textile, Housing, and Food Industries (3) (prereq: upper division standing)
- GEOG 427 Agriculture and Food Supply (4) (prereq: upper division standing or consent of instructor)
- GE: D1 & E1 HED 210 Personal & Social Determinants of Health (3)
- HED 410 Organization & Function of Health Services (3) (prereq: upper division standing or consent of instructor)
- HED 420 Epidemiology (3) (prereq: upper division standing or consent of instructor)
- HTM 557 Restaurant & Catering Management (3) (prereq: DFM 352)
- GE: UD-B KIN 355 Science Sport and Fitness (3) (prereq: ENG 214 and two additional courses of the GE lower division; BIOL 100 or equivalent; upper division standing or consent of instruction)
- NURS 500 Death and Dying in Contemporary Society (3) (prereq: upper division standing or consent of instructor)

COURSE SEQUENCE

FIRST YEAR
- Fall: MATH 124 3, BIOL 210/211 4, CHEM 115 5, PSY 200 3, Elective 3
- Total credits: 15

SECOND YEAR
- Fall: BIOL 212/213 6, DFM 350 3, DFM 357 3, DFM 458 3, DFM 655 3, HTM 560 3
- Spring: CHEM 130 3, Elective 3, Elective 3
- Total credits: 15

THIRD YEAR
- Fall: BIOL 220 3, CFS 352 3, CHEM 349 3, DFM 353 3, DFM 353 3, DFM 450 3
- Spring: DFM 357 3, DFM 484 3, DFM 485 3, Elective 3, Elective 3
- Total credits: 12

FOURTH YEAR
- Spring: Elective 3, Elective 3, Elective 3, Elective 3, Elective 3
- Total credits: 12

Some classes are ONLY offered one semester per year and some classes require prerequisites. Please see your advisor every semester to review your graduation plan. These courses include only Dietetics major requirements. Students are responsible for being aware of all graduation requirements and deadlines; consult the SFSU Bulletin.

CAREER OPPORTUNITIES

As a Registered Dietitian (R.D.)
A. Hospital Dietitian
   1. Inpatient/Outpatient Care
   2. Management

B. Industry – Food Company
   1. Research & Development
   2. Public Relations & Sales

C. Foodservice Systems Management
   1. Restaurant/Hotel Management
   2. Industrial Foodservice & Catering
   3. School/Senior Lunch
   4. College/University Foodservice & Catering
   5. Community Programs

D. Public Health/Community
   1. Clinics
   2. Cooperative Nutrition Education, 4H Programs
   3. Food Assistance Programs; WIC, Food Stamps, Food Banks
   4. Childcare & Senior Programs

E. Government
   1. Nutrition Education in Schools
   2. Military
   3. Correctional Facilities

F. Publications
   1. Public – newspapers & magazines
   2. Food Manufacturers, Business & Industry
   3. Associations & Societies

G. Private Practice/Consultation
   1. Private Practice counseling
   2. Skilled nursing, developmental centers, group homes

With B.S. Degree without R.D.
A. Hospital Work – Dietary
   1. Dietetic Technician (DTR), after sitting for exam
   2. Foodservice Manager/Certified Dietary Manager

B. Industry – Food Company
   1. Research & Development
   2. Public Relations & Sales

C. Foodservice Systems Management
   1. Restaurant/Hotel Management
   2. Industrial Feeding & Catering
   3. School/Senior Lunch
   4. College/University Feeding & Catering
   5. Community Programs

D. Public Health/Community
   1. Clinics
   2. Cooperative Nutrition Education, 4H Programs
   3. Food Assistance Programs; WIC, Food Stamps, Food Banks
   4. Childcare & Senior Programs

E. Government
   1. Nutrition Education in Schools
   2. Military
   3. Correctional Facilities

F. Publications
   1. Public – newspapers & magazines
   2. Food Manufacturers, Business & Industry
   3. Associations & Societies

G. Miscellaneous
   1. Health Clubs/athletic training
   2. Dietetic Technician, Registered (DTR) – after completion of internship
   3. Certified Dietary Manager (CDM) – after passing exam

*Salary potential and opportunities are greater with the R.D.*