

San Francisco State University 2016-2017 Bulletin

B.A. Family and Consumer Sciences: *Nutrition/Foodservice* – 120 Total Units Required

Minimum number of units in the Major = 46

1st Semester Requirements

Requirement	Recommended Courses	Units
Area A: Oral Communication (A1) or Critical Thinking (A3)		3
Area A: Written English Communication I (A2)	A2 or ENG 104	3
Area B: Quantitative Reasoning (B4)		3
Area C: Arts (C1)		3
Area D: Social Sciences: U.S. History (D2) or U.S. and California Government (D3)		3

* To avoid taking additional units, it is recommended that you meet **LLD and SFSU Studies** requirements (AERM, GP, ES, SJ) within your GE or major **Total: 15**
 * ENG 114 can only be taken if you complete Directed Self-Placement (DSP) and select English 114; if you choose 104/105 through DSP you will satisfy A2 upon successful completion of 105 in the second semester; multilingual students may be advised into alternative English courses

2nd Semester Requirements

Requirement	Recommended Courses	Units
Area A: Written English Communication II (A4) or Written English Communication I (A2)	A4 or ENG 105	3
Area A: Critical Thinking (A3) or Oral Communication (A1)		3
Area B: Physical Science (B1) and Laboratory Science (B3)*: Survey of Chemistry with Lab (satisfies emphasis requirement)	CHEM 101 & 102	3-4
Complementary Studies or SF Studies or University Elective	Take 2	6

Total: 15-16

3rd Semester Requirements

Requirement	Recommended Courses	Units
Area B: Life Science (B2) and Laboratory Science (B3)*		3-4
Area D: Social Sciences (D1)		3
Area C: Literature (C3)		3
Complementary Studies or SF Studies or University Elective	Take 2	6

* Consider taking a class combined with a laboratory or a separate lab to fulfill B3 if requirement has not already been met. **Total: 15-16**

4th Semester Requirements

Requirement	Recommended Courses	Units
Area C: Arts (C1) or Humanities (C2)		3
Area D: Social Sciences: U.S. History (D2) or U.S. and California Government (D3)		3
Complementary Studies or SF Studies or University Elective	Take 2	6

* Consider taking a class combined with a laboratory or a separate lab to fulfill B3 if requirement has not already been met. **Total: 15**

5th Semester Requirements

Requirement	Recommended Courses	Units
Major Core: Families, Individuals, and Environments (Prerequisite: ENG 214 or equivalent with a C- or better)	CFS 312GW*	3
Major Core: Transitions in the Family Life Cycle (Prerequisite: upper division standing)	CFS 325	3
Emphasis and Upper Division GE: UD-B: Principles of Food Preparation (Prerequisite: upper division standing; ENG 214 or equivalent)	CFS 352	3
Emphasis: Survey of Chemistry with Lab (Prerequisite: ELM exemption or MATH/ESM 70 with a C or better; <i>satisfies B1 and B3</i>) or Fundamentals of Food Chemistry with Lab	CHEM 101 & 102 or CHEM 109 & 110	4
SF Studies or University Elective		3

* You must take at least one GVAR (GW) course. **Total: 16**

6th Semester Requirements

Requirement	Recommended Courses	Units
Major Core: Management Dynamics: Life Goals and Decisions (Prerequisite: upper division standing)	CFS 430	3
Emphasis: Foodservice Systems Management (Prerequisite: upper division standing, ENG 214 or equivalent with a C- or better, DFM 253 or DFM 355)	CFS 353GW	3
Emphasis Elective (8 units total): Any CFS/D Department courses or other courses upon approval of advisor		3
Emphasis: Introduction to Management and Organizational Behavior (Prerequisite: upper division standing)	MGMT 405	3
Upper Division GE: UD-C (consider SF studies course)		3

Total: 15

7th Semester Requirements

Requirement	Recommended Courses	Units
Emphasis: Nutrition for Wellness (Prerequisite: upper division standing; <i>satisfies UD-B</i>) or Nutrition in Health and Disease (Prerequisite: one semester of chemistry, physiology, or consent of instructor)	CFS 355 or DFM 253	3
Emphasis: Management of Quantity Food Purchasing and Production (Prerequisite: DFM 352 with a C or better)	DFM 458	3
Emphasis Elective (8 units total): Any CFS/D Department courses or other courses upon approval of advisor		3
Upper Division GE: UD-D (consider SF studies course)		3
SF Studies or University Elective		3

Total: 15

8th Semester Requirements

Requirement	Recommended Courses	Units
Major Capstone: Professional Development (Prerequisites: CFS 312GW, graduating senior)	CFS 600	3
Emphasis: Nutrition in the Life Cycle (Prerequisites: DFM 253 or CFS 355 with a C or better; graduating senior standing)	CFS 453	3
Emphasis: Human Resource Management (Prerequisite: MGMT 405 with a C- or better) or Hospitality Human Resource Management (Prerequisite: upper division standing)	MGMT 610 or HTM 560	3
Emphasis Elective (8 units total): Any CFS/D Department courses or other courses upon approval of advisor		3
SF Studies or University Electives		3

Total: 15

Note: Complementary Studies

Bachelor of Arts students must complete at least twelve units of complementary studies outside of the primary prefix for the major. (Note: Students may not use an alternate prefix that is cross-listed with the primary prefix for the major.)

Students who complete two majors or a major and a minor automatically complete the complementary studies requirement. Students in the Bachelor of Arts in Family & Consumer Sciences major who wish to satisfy the Complementary Studies Requirement with a coherent group of courses complementary to the major must have the courses approved by an advisor in the major. Consult with a major advisor for assistance.